

Iskaltubo SPA Resort



Balneology Health Resort "Tskaltubo"

Medical programs

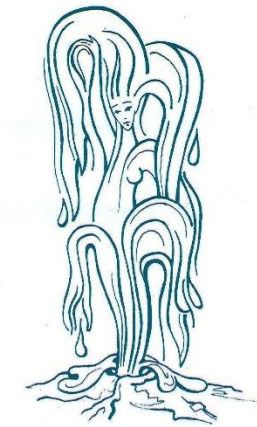
All water procedures are made in mineral radon water

Osteochondrosis

(Chronicle dorsopathy with secondary neurological detections)

All water procedures are made in mineral radon water

ჭყალტუბო
TSKALTUBO



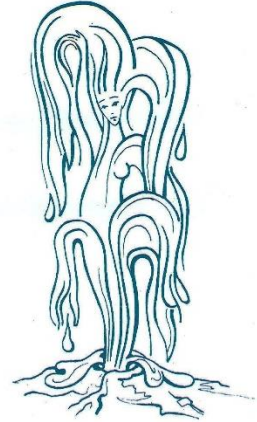
თბილი წყაროები
HOT SPRINGS

1. Baths of mineral water
2. Hydro massage
3. Physiotherapy exercises in mineral water
4. Circular shower
5. Horizontal stretch of spine in mineral water
6. Physiotherapeutic procedures
7. Application of mineral mud (peloidotherapy)
8. Classical treatment massage

Expected results:

- Pain syndrome reduction
- Increasing of movement amplitude
- Spinal scoliosis reduction
- Pain reduction or removing along the damaged discuses
- Improvement of peripheral blood circulation

Osteoarthritis, post-fracture period
(Post-traumatic osteoarthritis, osteoarthritis, congenital extremities diseases)



1. Therapeutic physical training and mechanotherapy in the basin
2. Mineral water bath
3. Hydro massage
4. Physiotherapeutic procedures
5. Peloidotherapy (application of mineral mud)
6. Horizontal stretch of spine in mineral water

Expected results:

- Pain reduction or complete relieve
- Increasing of movement amplitude in damaged extremity
- Improvement of peripheral blood circulation
- General condition improvement

Ankylosing spondylitis
(Bekhterev, Marie-Strümpell disease)

1. Therapeutic physical training and mechanotherapy in the basin
2. Mineral water bath
3. Hydro massage
4. Horizontal stretch of spine in mineral water
5. Circular shower
6. Classical treatment massage
7. Peloidotherapy (application of mineral mud)
8. Physiotherapeutic procedures

Expected results:

- Pain reduction
- Increasing of movement amplitude
- Improvement of peripheral blood circulation

**Slenderness failure
(Kyphosis, scoliosis, kyphoscoliosis)**

1. Therapeutic physical training and mechanotherapy in basin
2. Hydro massage
3. Horizontal stretch of spine in mineral water
4. Classical treatment massage
5. Peloidotherapy (application of mineral mud)
6. Physiotherapeutic procedures

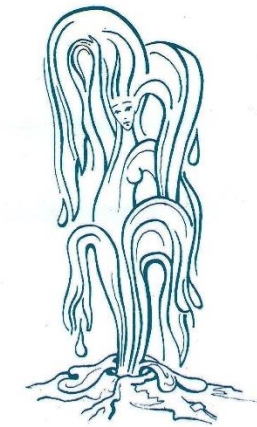
**Polyarticular rheumatoid arthritis
Spondylarthritis
(Podagra, psoriasis, Reiter's disease and etc.)**

1. Mineral water bath
2. Therapeutic physical training in basin
3. Peloidotherapy (application of mineral mud)
4. Physiotherapeutic procedures

Expected results:

- Microcirculation recovery
- Tissue tropic and blood circulation regeneration

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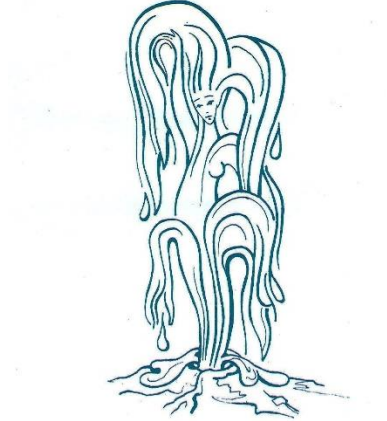


თბილი წყაროები
HOT SPRINGS

Gynecologic disease

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თბილი წყაროები

HOT SPRINGS

Sterility, ovarian dysfunction, disorder of uterine tubes patency, chronicle inflammations, ovary and appendixes healing diseases, colpitis, vaginitis, climacteric neurosi (amenorrhea, dysmenorrhea), mastopathy

1. Mineral water bath
2. Therapeutic physical training in basin
3. Gynecologic irrigation
4. Peloidotherapy (application of mineral mud)
5. Physiotherapeutic procedures

Secondary effects

- Malignant formations or doubt on their existence
- Post abort period before first menstruation
- Erosion and erosion cervix of the uterus, if it isn't examined on encopathology
- Polyp of body of womb and cervix
- Uterine dysfunction bleeding
- Ovarian cysts and cystoma
- Hysteromyoma, endometriosis, fibrous cystous masthopathy requesting operation
- Urinary bladder, vagina and large intestine fistulas
- Pre tumor diseases
- Malignant formation post period

Dermal disease

1. Atopic dermatitis, eczema, psoriasis, Lichen planus, alopecia, acquired keratoderma, keratosis, scleroderma
2. Mineral water bath
3. Therapeutic physical training in basin
4. Hydro massage in water
5. Physiotherapy
6. Mineral water drinking

Secondary effects

- All acute skin disease
- Bullous dermatitis
- Dermal parasitic disease
- Dermal purulent disease
- Dermal reticulosis (hemodermia)
- Lupus erythematosus, photodermatitis, later dermal porphyria, pigment xerodermia

“Manager” syndrome

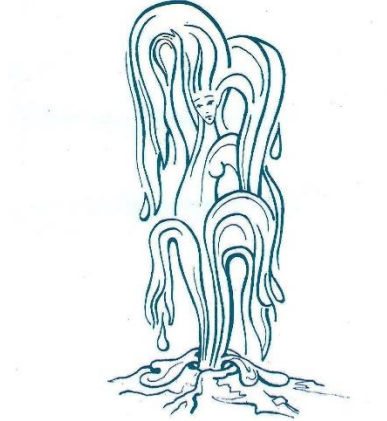
1. Mineral water bath
2. Shower “Sharko”
3. Circular shower
4. Hydro massage in mineral water
5. Peloidotherapy (application of mineral mud)
6. Physiotherapy
7. Medical classical massage

Expected results:

- Increasing of activity and mood
- Reduction of neurologic detections (headache, excitability, chronicle tiredness)
- Appetite, mood, sleeping improvement

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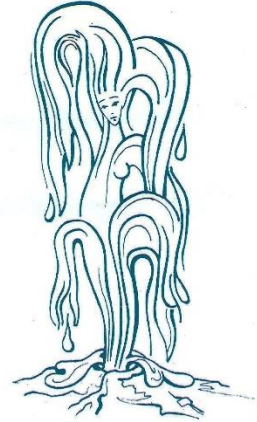
თბილი წყაროები

HOT SPRINGS

Preventive measures of urologic and andrologic diseases

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თბილი წყაროები

HOT SPRINGS

Chronicle, nephritic syndrome, acute and chronicle tubulointerstitial nephritis, urolithiasis, chronicle prostatitis, chronicle urethritis, chronicle cystitis, prostate adenoma of I grade, sexual disorders, disorder of male reproduction function with oligozoospermia on the background of chronicle inflammation, neurogenic, psychogenic, atherosclerotic erectile dysfunction. Night enuresis in children, age enuresis,

1. Mineral water bath
2. Therapeutic physical training in basin
3. Hydro massage in water
4. "Ascending" shower
5. Application of mineral mud (peloidotherapy)
6. Physiotherapy
7. Hydro colo therapy
8. Diet therapy improvement

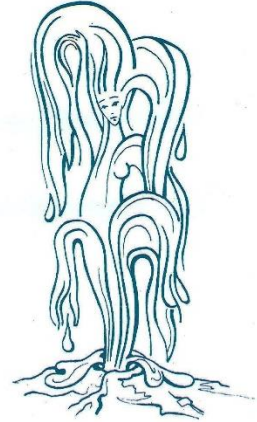
Neurosis

1. Mineral water bath
2. Hydro massage in water
3. Peloidotherapy (application of mineral mud)
4. Physiotherapy
5. Therapeutic physical training in basin
6. Classical treatment massage

Diseases followed to endocrinology, metabolism disorder

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თბილი წყაროები

HOT SPRINGS

Thyroid gland diseases (related to iodo-deficiency), subclinical hypothyroidism developed by iodo-deficiency. Nontoxic diffuse goiter, autoimmune thyroiditis, non insulin-dependent and insulin-dependent diabetes mellitus. Following complications of diabetes: angiopathy, polyneuritis. Fatness, lipoproteins disorder, oxaluria

1. Mineral water bath
2. Hydro massage in mineral water
3. Therapeutic physical training in basin
4. Shower "Sharko"
5. Circular shower
6. Classical treatment massage
7. Physiotherapy
8. Hydro colono therapy
9. Mineral water drinking
10. Diet therapy improvement

Expected results

- Metabolism improvement, reducing of clinical detections, improvement of general condition, mood, increasing of exercise stress and capability

Secondary effects:

- Complicated stages of thyrotoxicosis', expressed secondary complications (thyreotoxic heart and etc.)
 - Diabetes mellitus in decompensating stage, cetoacidosis, precomatotic symptoms, labile courses (frequent hypoglycemic state)
- Endocrine fatness of organic gynesis (landula endocrinal tumor) and fatness of VI stage, when blood circulation disorder of II-III stage is developed