

Diseases

he following diseases can be treated by Nunisi Water:

Psoriasis – steady or regressive state;
Neyrodermitis – limited or diffusional, without exudation;
Seborrheic dermatitis - chronic state; Authentic professional eczema – with dyshidria;
Chronic nettle-rash, prurigo, itching in elderly patients – light forms and without being complicated by pyoderma;
Peripheral Nervous System Diseases: neuralgia, neuritis, radiculitis;

The diseases given below shall not be treated by Nunisi Water:

All Kind of diseases in the acute and subacute forms;
Infectious skin diseases: Mycosis, pyoderma, viral diseases;
Parasitic skin diseases: mange, pediculosis;
Contagious and active forms of all venereal diseases; Cardiovascular diseases - Cardiovascular deficiency the 2nd and the 3rd degree;
Hypertension - the 2nd and the 3rd stage;
Organic diseases of central nervous system;
Kidney, gall-bladder diseases, problems of gallstones and kidney stones;
Hyperthyrosis;
Hyperthyrosis – acute form;
Pregnancy;
Mastopathy.

Nunisi water has curative effect on our health. It soothes nervous system, regulates metabolism, makes the skin look healthier and prettier and freshens the whole body.

Doctors providing healthcare services

Dermatologist, therapist, balneologist and dietologist providing healthcare services to holiday makers continuously observe the effects of Nunisi water on treating your health problems.

Dietologist is responsible for designing daily meal plans. The hotel kitchen will provide you with diet and non-diet dishes.

Your healthy problems can be diagnosed and subsequently, relevant therapy courses can be prescribed by Resort doctors.

Doctors are available during 24 hours.

Healthcare services provided by doctors is covered by hotel accommodation payment.





Balneal climate therapy

The natural therapeutical factors of Nunisi unique air and water provoke human body's restoration processes. As a result of the therapy course, metabolism gets regulated, body gets relaxed, stress-free, nervous system is supported which means that nerves are kept settled and soothed.

Therapy course lasts for 14-20 days. During this course patients receive 14-18 bathes, each of them lasts for 15-20 minutes.

During balneotherapy medicines shall not be taken.

Very rarely patients develop local reaction: itching, infiltration and hyperemia is increased. If that is the case patients are prescribed medicines that are to be administered locally and the body reaction is gradually diminished.

Balneum

Balneal climate therapy course provided here has curative effect in patients with skin diseases and with diseases caused by nervous system disorders and generally it has curative effect on health state. Therapy is mainly based on bathes. Nunisi mineral water cures diseases, soothes nervous system, regulates metabolism, makes the skin look healthier and prettier and freshens the whole body.

During therapy course patients receive 14-18 bathes, before the procedures are started, patients are examined by a therapist. After having been examined blood pressure, patients dressed in bath-gown enter the bathroom, water temperature is kept at 32-36 degree, during the first three days bathes last for 15 minutes and then the duration is increased up to 20 minutes. It is strictly recommended to receive just one bath per day.

Nunisi Water

The openings in the land surface where from Nunisi curative waters come out are located on the left bank of Nunisi water, at a height of 6-15 meters above the water level, at the outfall of the river Zvarula.

Chemical analyses of the water proved that water chemical composition is not changed.

Nunisi water is distinguished by high alkalinity (- PH 8,3 - 8,4). It deeply penetrates the skin and supports corneal layer dissolution in skin. Despite the fact that water mineralization level is low, it contains such important elements as Ammonium, Potassium, Bromine, Boric acid and others. The analyses showed that it also contains iodine and manganese ions.

Water contains dissolved about 20-28 mg gas, mainly nitrogen, and little amount of methane and hydrogen sulphide.

Curative Properties

Chemical composition of Nunisi water conditions its curative properties. Nunisi water can be used for the treatment of skin diseases and the diseases caused by nervous disorder, such as: psoriasis, neurodermitis, eczema, chronic nettle-rash, prurigo, itching in elderly patients, neuralgia, neuritis, radiculitis and etc.



Weight Therapy

The resort gives you great chances to control your weight.

Regulated metabolism, diet menu, physical exercises and walking in Nunisi forest, bathes, massages and training simulators will help you to lose weight and get a desirable effect.

Massage

Balneal climate therapy course after bathes also provides therapy or freshening massages (as per their desire or according to relevant prescriptions) .

Massage is good for weight therapy plus the procedures designed to regulate metabolism and physical exercises, massage helps to achieve desired results.

Ropeway

Nunisi offers ropeway to its holiday makers, the ropeway crosses the gorge and brings the visitors to Nunisi resort. This ropeway will take you to Moliti, Zvare and the Church.

Price for traveling by ropeway is included in the accommodation payment.

Holiday makers are able to use the ropeway any time during a day from 9:00 till 23:00